

# Leadership Development Level 1: Lead Self

## Foundation, Communication, Essentials

### Synopsis

This one-day workshop, Level 1 Lead Self, is part 1 of our 3 Levels of Communication series.

During Level 1 Lead Self, participants will gain confidence in understanding their own behaviours and values to gain a better understanding of their own leadership style and how they may lead or supervise a team successfully.

### Course Topics

- How values impact communication
- Above and below the line behaviour
- Finding touch points
- What is diversity?
- Blame culture
- Learning styles
- How impact works
- Building rapport
- Listening/doing ration
- Clarity around responsibility
- Communication and technology
- Urgent vs priority

### Who should Attend?

This program is suited to team leaders or emerging team leaders, supervisors, forepersons, and those who manage teams.

### Course Content

**Delivery:** Inhouse

**Structure:** Workshop/Interactive

**Time:** Full day (6 hour)

**Class Size:** Max 15

**Cost:** On request

### About the Trainer

Since 1994 Sue-Ellen Kusher has been helping people find ways of accessing, learning, and testing and perfecting techniques that work for them. Sue-Ellen specialises in environments requiring complex communication – presentation, conflict, motivation, performance management, team productivity and especially Leadership.

